Please fill in the quadrant with information about yourself using the guidelines below. A blank quadrant is attached for your convenience.

|  |  |
| --- | --- |
| ***I am good at…*** | ***I need to improve…*** |
| ***My dreams and goals…*** | ***What’s stopping me…*** |
| ***I am good at…*** | ***I need to improve…*** |
| ***My dreams and goals…*** | ***What’s stopping me…*** |